

### Associated Symptoms in Adults with ADHD

	% present		
	Male	Female	Total
• A sense of underachievement	92.1	92.6	92.3
• An intolerance of boredom	77.6	100.0	88.8
• Many projects going simultaneously	88.5	88.9	87.2
• Inability to reach potential	85.5	81.5	83.5
• Problems with time management	77.6	88.9	83.3
• Impatience	85.5	77.8	83.3
• Chronic procrastination	84.2	77.8	81.0
• Frequent search for high stimulation	76.3	85.2	80.8
• Sense of insecurity	75.0	81.5	78.2
• Feeling disappointed and discouraged	73.7	74.1	73.9
• Forgetfulness	76.3	70.4	73.3
• Poor self-esteem	75.0	70.4	72.7
• Hot temper	63.2	48.2	55.7
• Depression	53.9	48.2	51.0
• Frequent job changes	44.7	55.6	50.1
• Verbal aggression	53.4	33.3	43.6
• Self-destructive behaviour	34.2	33.3	33.8
• Alcohol abuse	19.7	11.1	15.4*
• Physical aggression	18.4	11.1	14.8
• Drug abuse	19.7	3.7	11.7*
• Difficulty with the law	10.5	3.7	7.1*
• Tendency to say what comes to mind	73.7	70.4	72.0
• Trouble in following "proper" procedure	65.8	77.8	71.8
• Nervousness	72.4	62.9	67.7
• Stress intolerance	71.1	62.9	67.0
• Difficulty enjoying work	63.2	62.9	63.1
• Frequent mood swings	64.5	59.3	61.9
• Long standing unhappiness	65.8	55.6	60.7
• Impulsivity	52.6	66.7	59.6

### DSM-IV Inattention Symptoms in Adults with ADHD

	% present		
	Male	Female	Total
• Easy distractibility	85	89	87.0
• Difficulty sustaining attention	88	85	86.5
• Difficulty organizing tasks	76	85	80.5
• Difficulty listening	76	74	75.0
• Difficulty following instructions	71	78	74.5
• Lack of sustained mental effort	68	74	71.0
• Inattention to details	73	67	70.0
• Forgetfulness	71	70	70.5

### DSM-IV Hyperactivity-Impulsivity Symptoms in Adults with ADHD

	% present		
	Male	Female	Total
• Running about	67.1	63.0	65.05
• Being on the go	64.5	63.0	63.75
• Talking too much	55.3	70.0	62.65
• Fidgeting	48.7	67.0	57.85
• Difficulty engaging in leisure	46.1	44.0	45.05
• Leaving seat impulsivity	34.2	22.0	28.10
• Difficulty awaiting turn	57.9	70.0	63.95
• Interrupting or intruding	50.0	74.0	62.00

### Most Frequent Comorbid Disorders in ADHD

(N=1000; Age:3-18)

	% present	
	Male	Female
<b>ADHD (N)</b>	<b>208 (21%)</b>	<b>792 (79%)</b>
Major Depression	8	7
Anxiety Disorder	8	6
Dysthymic Disorder	10	6
Oppositional Defiant Disorder	60	69

### Comorbidity in Adult ADHD

	% present		
	Male	Female	Total
Major Depression	35,71	54,02	41,08
Anxiety Disorder	14,76	27,59	18,52
Dysthymic Disorder	12,86	16,09	13,80
Oppositional Defiant Disorder	5,24	3,45	4,71
Conduct Disorder	48	3,45	1,35

### INATTENTION : Symptom Migration

#### CHILDHOOD DSM-IV SYMPTOMS

- Difficulty sustaining attention.
- Does not listen
- Does not follow through
- Cannot organise
- Loses things
- Easily distracted / forgetful



#### COMMON ADULT SYMPTOMS

- Difficulty sustaining attention /reading paperwork
- Poor concentration
- Difficulty finishing tasks
- Poor time management
- Misplaces things
- Easily distracted / forgetful