

Did you know that Child ADHD could have additional illnesses with it like?

- Opposition Defiant Disorder (angry, stubborn, difficult child)
- Conduct Disorder – (lying, stealing fire setting)
- Learning Difficulty – (reading, spelling, mathematics, arithmetic)
- Anxiety-(school phobia, separation anxiety disorder)
- Depression
- Substance Abuse – (alcohol/drugs)



Did you know at least 1 parent of a child with ADHD might also have ADHD?

Did you know that 70% of untreated Child ADHD goes onto Adult ADHD?

Did you know that untreated Adult ADHD could lead to?

- Antisocial Disorder (10%)
- Major Depressive Disorder (35%)
- Bipolar Disorder (15%)
- Anxiety Disorder (60%)
- Substance Abuse Disorder (75, 5%)

What is ADHD?

ADHD is one of the most common behaviour problems in children; it affects more than one out of every 20 school-aged children.

How is ADHD treated?

There are 3 treatments that will help decrease your child's that will help decrease your child's ADHD symptoms:

- Behaviour modification
- Educational strategies
- Medication

Typical Behaviours:

Hyperactivity, Impulsivity, Inattention

How will I know if my child has ADHD?

It requires diagnosis between a number of professionals: doctors/teachers/psychologist. Diagnosis required the following:

- Observing the child's behaviour
- Measure learning abilities and achievement
- Medical and physical examinations

Are medications dangerous?

Medications can be used safely with only a few side effects and they are not addictive

Are there other treatments?

There is no "cure" for ADHD, only good management

SOME TIPS ON THE CLASSROOM MANAGEMENT OF ATTENTION DEFICIT DISORDER

- Set limits, boundaries
- Have a predictable schedule as possible
- Try to help the kids make their own schedules
- Eliminate or reduce frequency of timed tests
- Allow for escape valve

Skills for Parents

- Positive interaction with child
- Providing appropriate and sufficient structure
- Contingent positive reinforcement, including praise
- Correct ways to use punishment– reprimands, time out, response cost
- Strategies for supporting school performance and peer involvement.
- Token economies
- Dealing with problem behavior in public places

Specialist Psychiatrist Dr Shabeer A Jeeva

25 years of Canadian experience | depression, anxiety, panic attacks
Strong expertise in ADHD (Child/Adolescent/Adult)



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